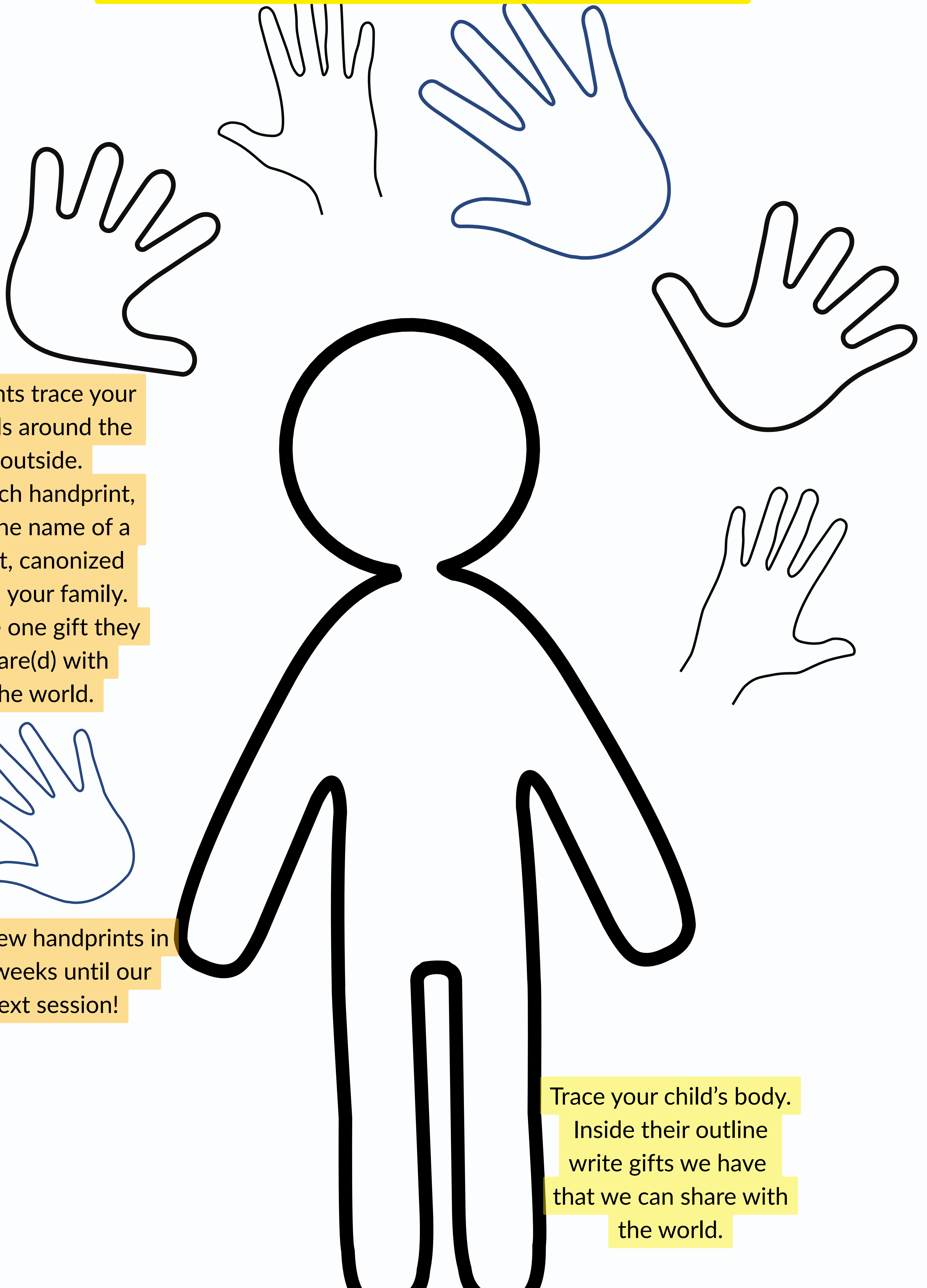


**ST. JOHN-ST. PAUL
FAMILY FAITH FORMATION**

**THE
COMMUNION OF
SAINTS**

**LOAVES & FISHES
AT-HOME
DISCIPLESHIP**

The Outline of a Saint



Parents trace your hands around the outside.

In each handprint, put the name of a saint, canonized or in your family. Write one gift they share(d) with the world.

Add new handprints in the weeks until our next session!

Trace your child's body. Inside their outline write gifts we have that we can share with the world.

FIND THE SAINTS AT ST. PAUL CHURCH

LEARN PAUL'S STORY:

https://www.youtube.com/watch?v=ROpOW_Zbt1s

CAN YOU FIND ST. PAUL?

St. Paul is in multiple places inside & outside the church at St. Paul.

Look for him & when you find him pay attention to what objects
he has with him!

WHERE IS ST. PAUL?

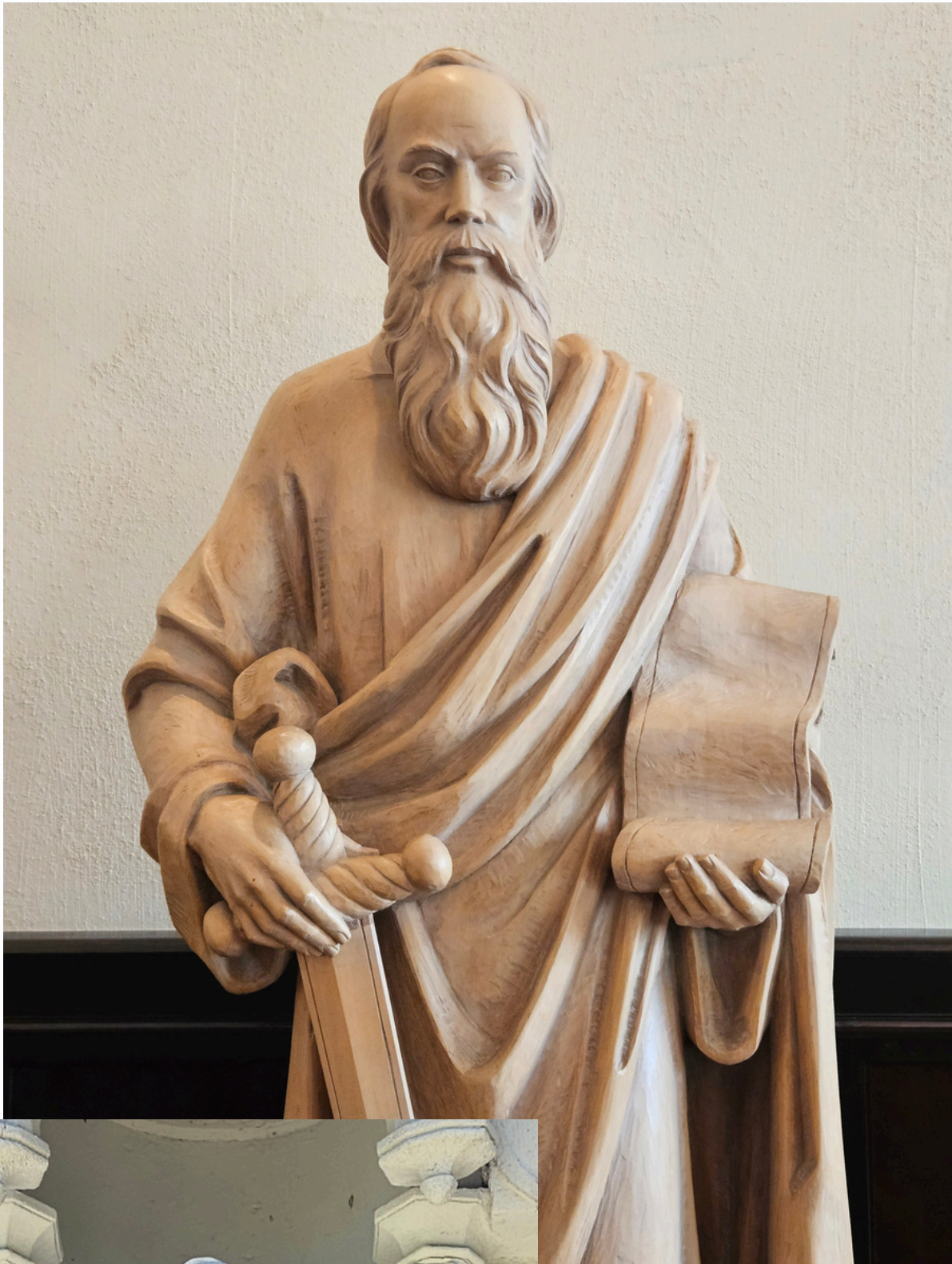
- _____
- _____
- _____

WHAT OBJECTS IS HE HOLDING?

WHY IS HE HOLDING THOSE THINGS?

WHAT IS ONE THING WE CAN LEARN FROM SAINT PAUL'S STORY ?

WHAT IS ONE THING THAT SAINT PAUL MIGHT BE ABLE TO HELP US WITH WHEN WE PRAY??



FIND THE SAINTS AT ST. PAUL CHURCH

CAN YOU FIND ST. ELIZABETH ANN SETON?

LEARN ELIZABETH ANN SETON'S STORY:

<https://www.youtube.com/watch?v=TfGIM4GpMLY>

<https://www.youtube.com/watch?v=pUhROmUIYWs>

**WHAT IS ONE THING WE CAN LEARN FROM
ST. ELIZABETH ANN SETON?**

**WHY DO YOU THINK ST. ELIZABETH ANN SETON IS
FEATURED IN OUR CHURCH?**



CAN YOU FIND ST. PETER?

LEARN PETER'S STORY:

<https://www.youtube.com/watch?v=lp3WlrjbNO>

WHAT IS ONE THING WE CAN LEARN FROM SAINT PETER?

WHY IS PETER HOLDING KEYS?

<https://www.youtube.com/watch?v=Hl2DtSHIVCg>

Check out: Matthew 16:13-20!

**WHAT IS ONE THING THAT SAINT PETER MIGHT BE ABLE TO
HELP US WITH WHEN WE PRAY??**



FIND THE SAINTS AT ST. JOHN CHURCH

LEARN JOHN'S STORY:

<https://www.youtube.com/watch?v=VUOF6Odgnk8>

CAN YOU FIND ST. JOHN?

St. John the Evangelist is in multiple places inside & outside the church at St. John. Look for him & when you find him pay attention to what objects he has with him!

WHERE IS ST. JOHN?

WHAT OBJECTS IS HE HOLDING?

WHY IS HE HOLDING THOSE THINGS?

WHAT IS ONE THING WE CAN LEARN FROM SAINT JOHN'S STORY ?

WHAT IS ONE THING THAT SAINT JOHN MIGHT BE ABLE TO HELP US WITH WHEN WE PRAY??



St. John the Evangelist is often shown as an eagle with fire!

AT ST. JOHN CHURCH

CAN YOU FIND ST. THÉRÈSE OF LISIEUX?

LEARN ST. THÉRÈSE'S STORY:

<https://www.youtube.com/watch?v=aWvxRLZApzc>

<https://www.youtube.com/watch?v=WVpPa247Xdl>

WHY DOES ST. THERESE HAVE FLOWERS AND A CROSS?

HOW CAN YOU LIVE THERESE'S "LITTLE WAY"?

**WHAT'S ONE LITTLE THING YOU CAN DO TO SHOW LOVE
TODAY?**



CAN YOU FIND ST. JOSEPH?

LEARN JOSEPH'S STORY:

<https://www.youtube.com/watch?v=88kYqe3SVGE>

<https://www.youtube.com/watch?v=3L4VXKAF9eO>

WHAT IS ONE THING WE CAN LEARN FROM SAINT JOSEPH?

HOW CAN WE LIVE FAITHFUL LIVES LIKE JOSEPH?



CAN YOU FIND...



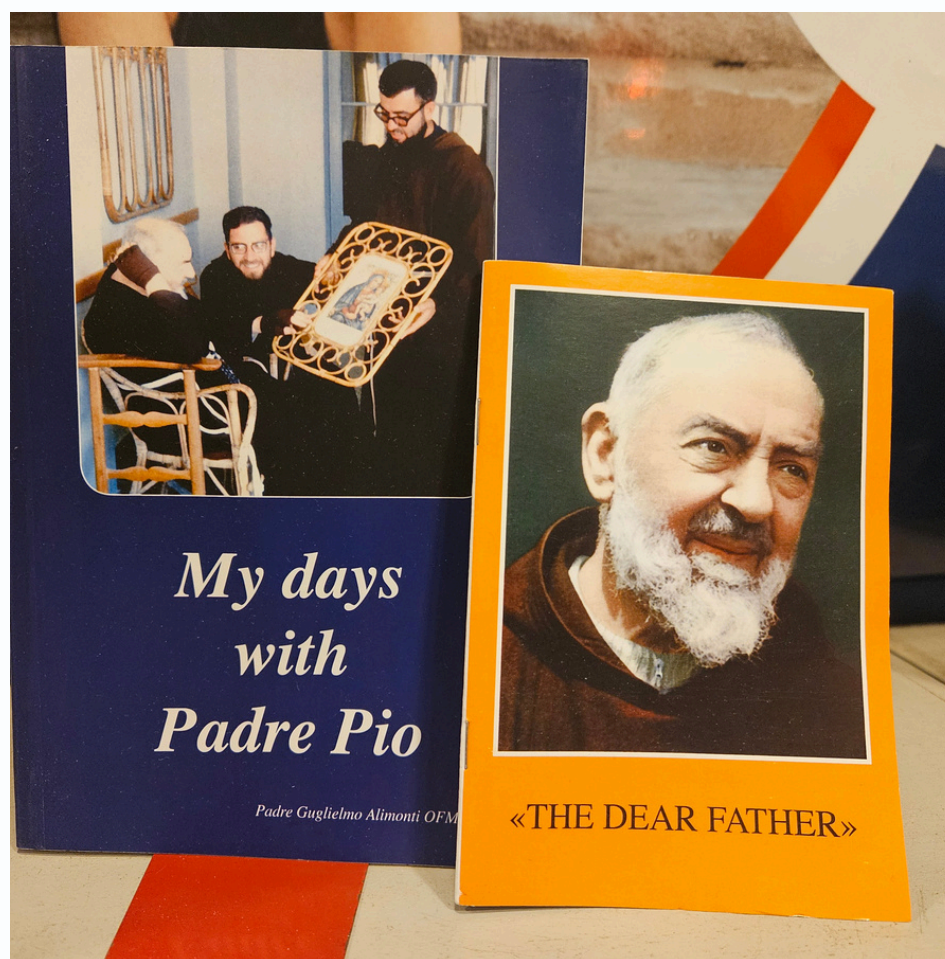
ST. VERONICA



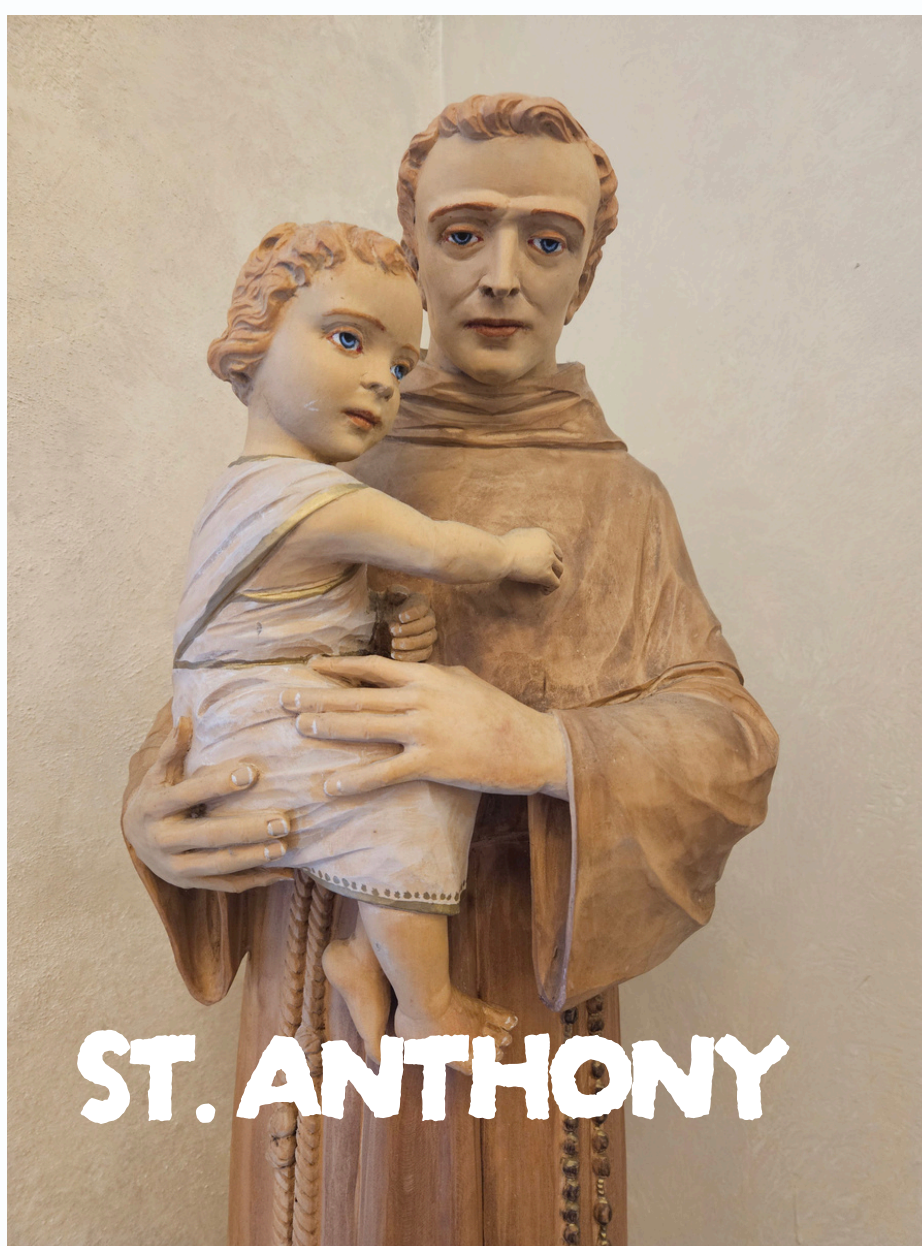
ST. JOHN



ST. PRISCILLA



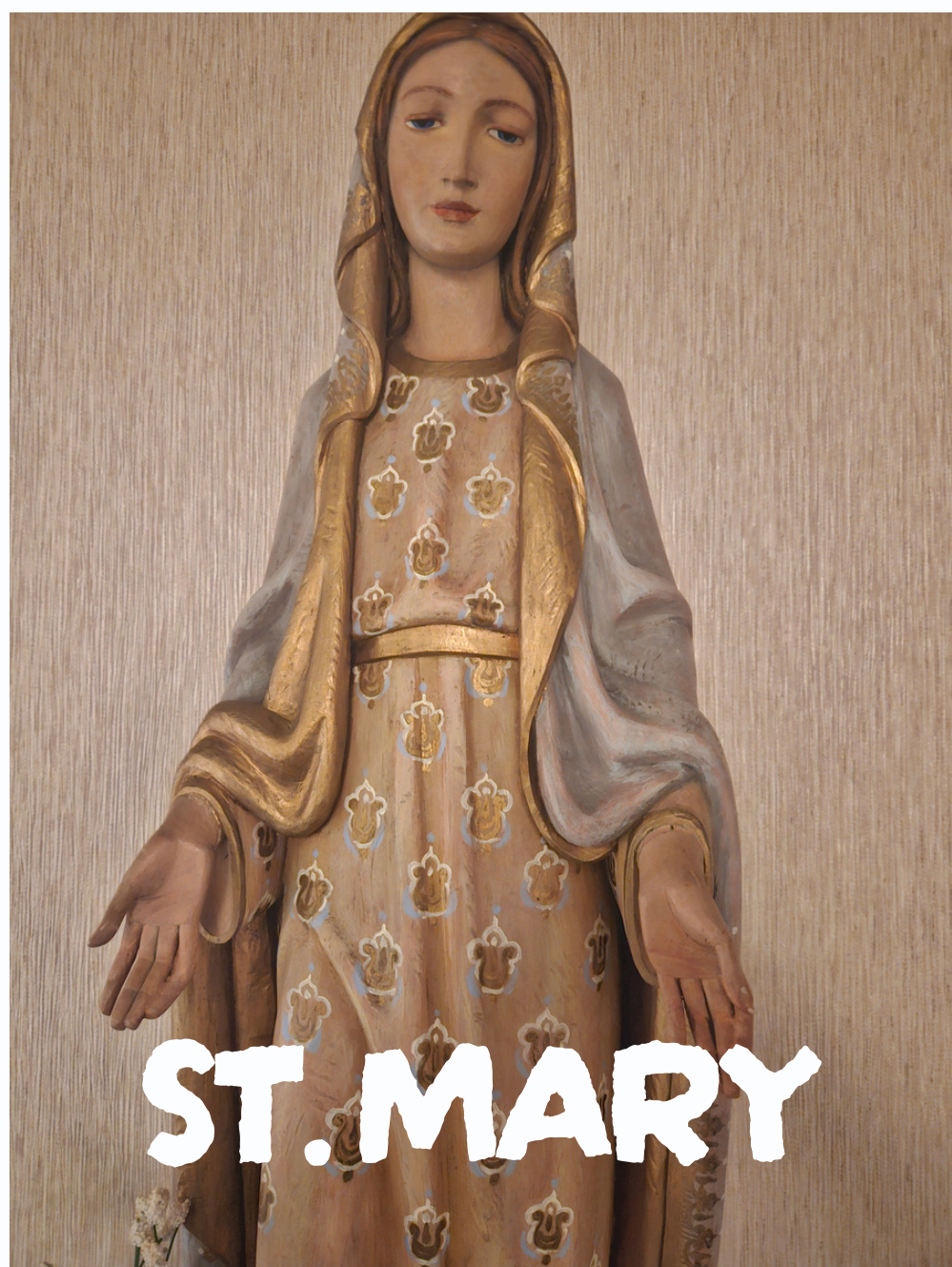
ST. PIO



ST. ANTHONY



ST. MARY



ST. MARY



ST. JOSEPH

The Lives of the Saints

Saint Ignatius Loyola

Saint Ignatius Loyola wrote ***The Spiritual Exercises*** to help people become more like Christ. One way to do this is by using our imaginations to read the Gospels. We might try to think about what we would do or say if we were part of the story.

Read the Gospel about Jesus calming the sea (Mark 4:35-41). Try to imagine being in the boat with the disciples. Then fill in your answers to the questions that follow.

“On that day, as evening drew on, he said to them, ‘Let us cross to the other side.’ Leaving the crowd, they took him with them in the boat just as he was. And other boats were with him. A violent squall came up and waves were breaking over the boat, so that it was already filling up. Jesus was in the stern, asleep on a cushion. They woke him and said to him, ‘Teacher, do you not care that we are perishing?’ He woke up, rebuked the wind, and said to the sea, ‘Quiet! Be still!’ The wind ceased and there was great calm. Then he asked them, ‘Why are you terrified? Do you not yet have faith?’ They were filled with great awe and said to one another, ‘Who then is this whom even wind and sea obey?’”

Imagine yourself in this story...

How does it feel to be one of the people in the boat with Jesus? What do you talk to him about as the boat sets sail?

How do you react to a storm that nearly sinks your boat? What do you think about Jesus sleeping through it all? Do you join the disciples in waking him up?

How do feel when you see Jesus calming the winds and quieting the seas? How does this affect your faith? What will you tell your family and friends when you get to shore?

Spend some quiet time talking to Jesus. Tell him about something in your life that is intimidating or discouraging. How can Jesus help you to find peace in this situation?

NIGHTLY EXAMEN FOR KIDS

What is a nightly examen?

We want to grow closer to Jesus each day. When you do a nightly examen, you spend time with Jesus and think about your day with him at your side. You think about the moments that went well, the times you made mistakes, and the ways you can keep inviting Jesus into your life.

Step 1: Make the Sign of the Cross.

Step 2: Pray, “God, you have been with me all day long, from when I woke up to right now. Help me to remember my day so I can bring it to you.”

Step 3: Think about three things you are thankful for and tell God “thank you.”

Step 4: Think about what happened today.

- Did I listen to my parents today?
- Did I pray today?
- Did I use kind words?
- Did I help someone today?
- When did I love someone?
- When did I feel happy today?
- When did I feel sad?
- When did I feel angry?
- What was the best part of the day?
- What was the worst part of the day?
- What else do I want to tell Jesus about today?

Step 5: Say to Jesus:

“I give you all the happy things and the sad things from today. I know you’re proud of me. I’m sorry for my mistakes. Help me love you, my friends, my teachers, and my family even better tomorrow.” Amen.

Step 6: Make the Sign of the Cross.

Let’s Pray like St. Ignatius!

Saint Peter the Apostle



*Born: unknown
Died: c. 64 a.d.
Feast Day: June 29*

Saint Peter, named Simon at birth, was a fisherman from the village of Bethsaida in Galilee. His brother Andrew was also a fisherman. One day as the brothers were mending their fishing nets, Jesus called out to them. Jesus said, “Come after me, and I will make you fishers of men” (Matthew 4:19). Both brothers left their nets to become disciples of Jesus. Peter was present during the major events of Jesus’ ministry.

After Jesus rose from the dead, Peter was one of the first to see him alive. Peter’s given name was Simon, but Jesus gave him the name “Peter.” The name means “rock.” Jesus entrusted Peter with a very special task. He appointed him the leader of the Church. Jesus said, “You are Peter, and upon this rock I will build my church” (Matthew 16:18).

“Lord, you know everything; you know that I love you.”

Peter received the Holy Spirit with the other disciples at Pentecost. The gifts of the Holy Spirit enabled him to carry out the mission of Jesus to witness to the Gospel. He encouraged the early Christians to spread the Gospel message to people of all nations. Peter listened to Jesus and learned that Jesus’ message was God loves us and wants us to love him and others. Saint Peter tried to share this message even when it was difficult to do.

Saint Elizabeth of Portugal



*Born: Summer 1271
Died: July 4, 1336
Feast Day: July 4*

Saint Elizabeth was related to kings, queens, emperors, and a saint! She was the daughter of the king and queen of Aragon, a land now part of Spain. One grandfather was the king of Sicily, and the other was an emperor. She was named after her great-aunt, Saint Elizabeth of Hungary, another queen who was a saint. These connections did not guarantee that she would be a great queen or a saint. She became both.

Elizabeth married Dinis, the king of Portugal. The couple ruled wisely and well. They worked to improve the lives of their subjects. They provided education, justice, and protection for the people in their kingdom. Elizabeth supervised the building of hospitals, orphanages and churches. She also worked among the poor and sick, often feeding or caring for them. As a result, the people dearly loved their king and queen.

“God made me queen so that I may serve others.”

Saint Elizabeth of Portugal devoted her life to maintaining peace in her kingdom. She tried to change the minds and hearts of others by showing the joy she received from serving God. She saw her role as queen as an opportunity to share the love and care of God with others.

Saint Benedict of Nursia



*Born: Spring 480 a.d.
Died: Spring 547 a.d.
Feast Day: July 11*

Saint Benedict was born in Nursia, Italy in 480^{a.d.} He was born to a wealthy family and grew up in Rome. When he was done with his studies, he decided to leave the city and live a life devoted to prayer in the mountains of Subiaco. Here, Benedict met a monk named Romanus whose monastery was on a cliff over the cave in which Benedict was living. Benedict continued to live in solitude in the cave, but Romanus helped him by giving him food and clothing.

“He who labors as he prays lifts his heart to God with his hands.”

Although he rarely communicated with the outside world, the people of Subiaco respected him deeply. When the abbot, or leader of the monastery passed away, Benedict was the community’s first choice for a replacement. He accepted the position.

During his time at the monastery, many people began to hear about Benedict’s hospitality. People from all over Italy traveled to Subiaco so that Benedict could guide them. For these people, he built twelve monasteries and placed twelve monks in each of them. He remained in charge of all of them, but he lived in his own monastery in solitude. Some of these monasteries eventually became schools for children. Near the end of his life, he wrote a book known as his Rule, which is a list of precepts for monastic living in a community.

The Rule of Saint Benedict is the most popular Rule used by Christian communities today. He teaches important concepts in his Rule such as hospitality, charity, and the importance of prayer. While not everyone chooses a monastic life like Saint Benedict did, we can all learn from his example and devote ourselves to helping others.

Saint Kateri Tekakwitha



*Born: 1656
Died: April 17, 1680
Feast Day: July 14*

Kateri Tekakwitha was born near the present-day town of Auriesville, New York. Her mother, an Algonquin, was a Christian. Her father, a leader among his people, the Mohawk, was not. When a smallpox epidemic struck her village, her family was killed. Kateri was adopted by her uncle, a Mohawk chief. Although he disapproved, he granted Kateri’s request to receive religious instruction from a Jesuit missionary.

After her baptism, Kateri was shunned by her village and she decided to travel to a Catholic mission near Montreal, in Canada. At the mission Kateri taught prayers to children and told them stories about the life of Jesus. She nursed the sick, gathered offerings for those in need, and helped the elderly with their daily chores.

“Who can tell me what is most pleasing to God that I may do it?”

When her life became hard, Kateri turned to God in prayer. She focused on helping others, sharing stories about Jesus, and doing everyday chores as acts of love.

Saint Ignatius Loyola



Born: 1491
Died: July 31, 1556
Feast Day: July 31

Ignatius Loyola was born in Guipúzcoa, in northern Spain. As a boy, he dreamed of becoming a famous soldier. As a soldier in the Spanish army, he was badly wounded. During his long and painful recovery he read a life of Jesus Christ and lives of the saints. These books inspired him to change his goals. He wanted to dedicate his life to Jesus. He devoted long hours to prayer and to caring for the sick. He wrote a book called *The Spiritual Exercises* to help people become more like Christ.

Ignatius decided to study for the priesthood. His life of prayer and simplicity influenced several of his fellow students. After they were ordained priests, they all made a special vow of obedience to the pope. They called themselves the Society of Jesus and received formal recognition as a religious order from Pope Paul III. The Society of Jesus soon came to be known as the Jesuits.

“Teach us to give and not to count the cost.”

Ignatius was elected as the Jesuits’ first general, or leader. He saw Jesuits start schools, lead retreats based on *The Spiritual Exercises*, and sail off to far away countries as missionaries. Today the Jesuits form the largest male religious order in the Catholic Church, and are present in almost every country in the world. The *Spiritual Exercises* that Ignatius wrote so many years ago remain popular today as a way to grow closer to Christ.

Saint Edith Stein



Born: October 12, 1891
Died: August 9, 1942
Feast Day: August 9

Edith was born in Breslau, Germany, the youngest of eleven children in a practicing Jewish family. In 1921, when she was thirty years old, Edith read the life story of Saint Teresa of Ávila. She finished the book in one night. She believed she had found the truth. She decided to become a Catholic. She was baptized in 1922. She later became a Carmelite sister and took the name Sister Teresa Benedicta of the Cross. She continued to study, teach, and write.

Meanwhile, the Nazis were coming into power in Germany. They were persecuting Jews. When it was no longer

safe for Edith to stay in Germany, the Carmelite community moved her to

Holland. The Nazis’ power continued to grow, and Edith was captured with her sister, Rosa. They were taken to a prison camp and killed a week later. Before Edith died, she tried to comfort the people with her, especially the children.

Edith is an example of courage in times of great difficulty and dedication to the truth found in Christ. She helped and cared for those around her. She was willing to die for and with the Jewish people. At the time of her arrest, she told her sister, Rosa, “Come, let us go for our people.”

“If anyone comes to me, I want to lead them to Him.”

Good News for children

Activity 3 Fall

Saintly Trick-or-Treat

Imagine you get to trick-or-treat in Heaven. All the saints have their lights on, and their pumpkins offer you a warm, cheerful welcome. What treat would each saint offer you? From the list below, choose the saint who would offer each treat and write his or her name on the line.

Choose from these saints!

Saint Kateri Tekakwitha was a member of the Mohawk tribe.

Saint Martin of Tours once cut his cloak in half to share with a shivering beggar.

Saint Nicholas is the original Santa Claus.

Saint Thérèse of the Child Jesus, called the "Little Flower," wanted to send blessings that would fall from Heaven like flower petals.

Saint Anthony of Padua helps people find missing objects.

Saint Frances Xavier Cabrini was the first U.S. citizen to be named a saint.

Saint Joseph was a carpenter who knew what children liked to play with.

Saint Martha was a friend of Jesus. She was known as a housekeeper and cook.

Saint George saved a maiden who was being threatened by a dragon.

Saint Martin de Porres was a barber. In his day, barbers knew a lot about medical herbs and how they could cure illness.

1. _____
would pass out wooden toys he built in his workshop.
2. _____
would offer each child a beautiful rose.
3. _____
would help you find your trick-or-treat bag if you lost it.
4. _____
would happily accept children's Christmas lists.
5. _____
would give any child who was cold a wonderfully warm cloak.
6. _____
would give everybody a ride on a dragon he had defeated in battle and then tamed.
7. _____
would sing you a song popular with her Native American people.
8. _____
would give everybody a quick haircut.
9. _____
would give homemade cookies.
10. _____
would give out small U.S. flags.

VenTure

Activity 1 Fall

Saints and Their Labors

On the first Monday in September, we celebrate Labor Day. Based on the work these saints did, which one could help you most in each of these situations? Choose from the saints in the box.

- a. Saint Matthew collected taxes for the Romans until Jesus called him to be an apostle.
- b. Saint Peter and his brother Saint Andrew worked as fishermen on the Sea of Galilee.
- c. Saint Cecilia was said to be a wonderful singer and is often shown playing the organ.
- d. Saint Paul always traveled with the tools he used as a tentmaker.
- e. Saint Thomas More was a lawyer who became Chancellor of England. King Henry VIII had him executed for treason.
- f. Saint Thérèse of the Child Jesus, called the "Little Flower," promised to shower people on earth with blessings that would fall like flowers from Heaven.
- g. Saint Martin de Porres needed medicine, herbs, and bandages as well as scissors and combs to do his work.
- h. Saint Blaise was being led to prison when he stopped to help a boy who had a fish bone caught in his throat.
- i. Saint Joseph passed on his trade to Jesus.
- j. Saint Francis loved all of God's Creation, even animals who misbehaved.

1. ____ Your aunt is getting married on Saturday, but the husband of the soloist she hired just called to say his wife has laryngitis. What saint could help you out?
2. ____ The driver of a van filled with live chickens lost control and crashed through the wall of your bedroom. You've helped the driver and caught all the chickens. The van has been removed. Now you need someone to repair the damage. What worker, who is honored on March 19 and May 1, could do the work?
3. ____ A woman says that you ran your bike into her parked car in the supermarket parking lot and did \$800 worth of damage. Who could defend you in court?
4. ____ It's your parents' fifteenth wedding anniversary, and they've planned a big party for relatives and friends. Somehow they overlooked your hair, which looks shaggy. What saint could give you a haircut to make a parent proud?
5. ____ Your dad and mother both work hard but need to watch expenses. They need a financial advisor to make sure all their taxes will be paid. Who's the saint for them?
6. ____ The circus is in town, but the animal trainer just quit. What saint do you think would use kindness to train the lions, tigers, and bears?
7. ____ It's time for your annual Scout campout, but all the temporary overnight shelters are torn. Who could save the day?
8. ____ You're afraid that you may have strep throat, but your doctor is in Florida for a medical convention. Who could help?
9. ____ Your family wants to take a once-in-a-lifetime fishing trip to the wilds of northern Canada, but you need a guide to show you where the fish are, recommend the best bait, and keep you safe. Who would be the best guide from Heaven?
10. ____ Your father wants to grow prize-winning roses. Who could advise him?