

FAMILY FAITH FORMATION

The session will begin at 10:15am



JANUARY 2026

THEME: SACRAMENTS OF INITIATION

MUSTARD SEEDS

will begin in 5 minutes

Please make your way to the front seating area
with your family!

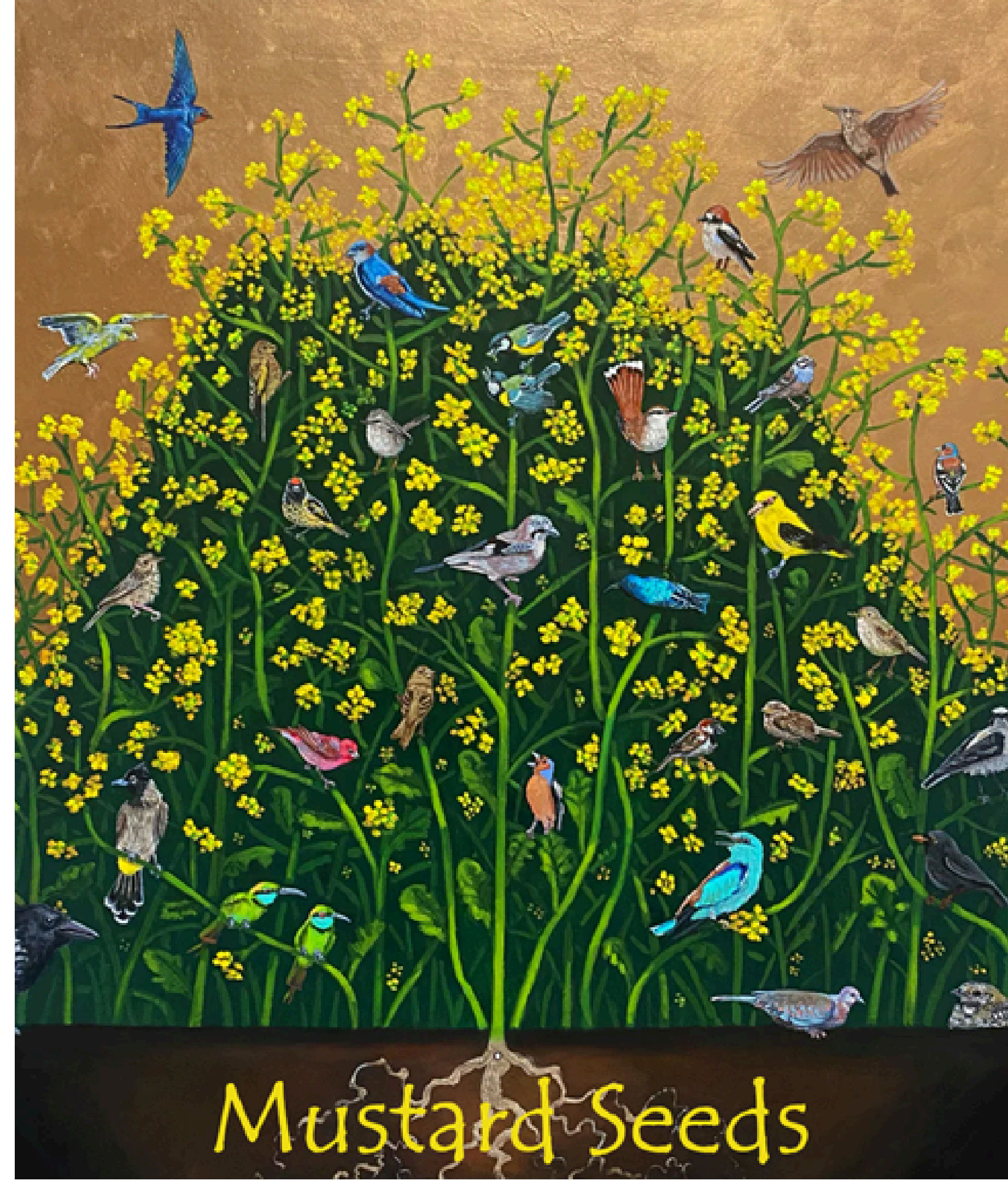
Today's speaker: Kelly Meraw

Theme: Sacraments of Initiation



welcome to
MUSTARD SEEDS

OPENING PRAYER



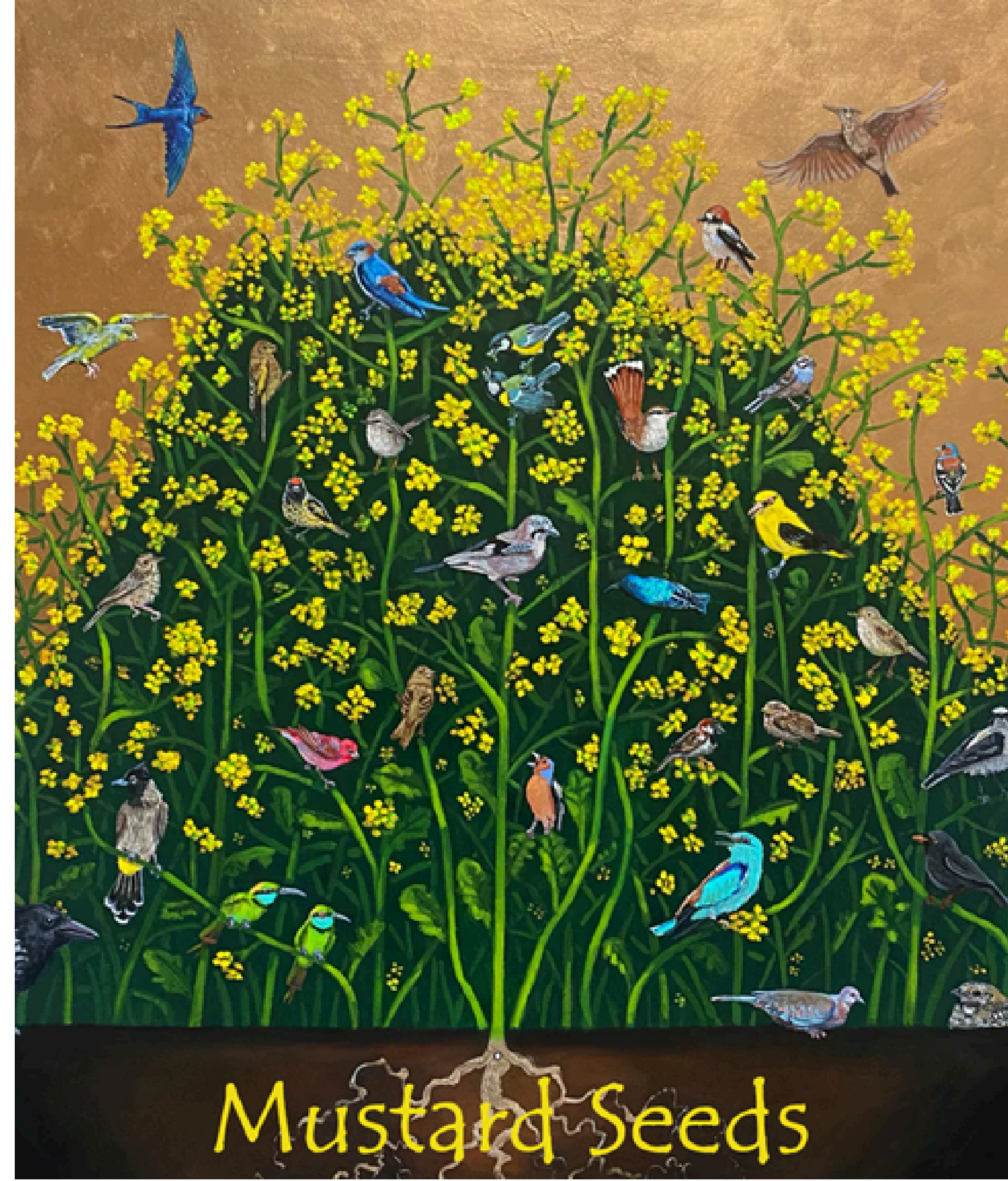
welcome to
MUSTARD SEEDS

FORMAT

15 MINUTE: OPENING PRAYER & REFLECTION

15 MINUTE: ADULT / STUDENT ACTIVITY

10 MINUTE: AT-HOME DISCIPLESHIP & CLOSING PRAYER



welcome to

LOAVES AND FISHES

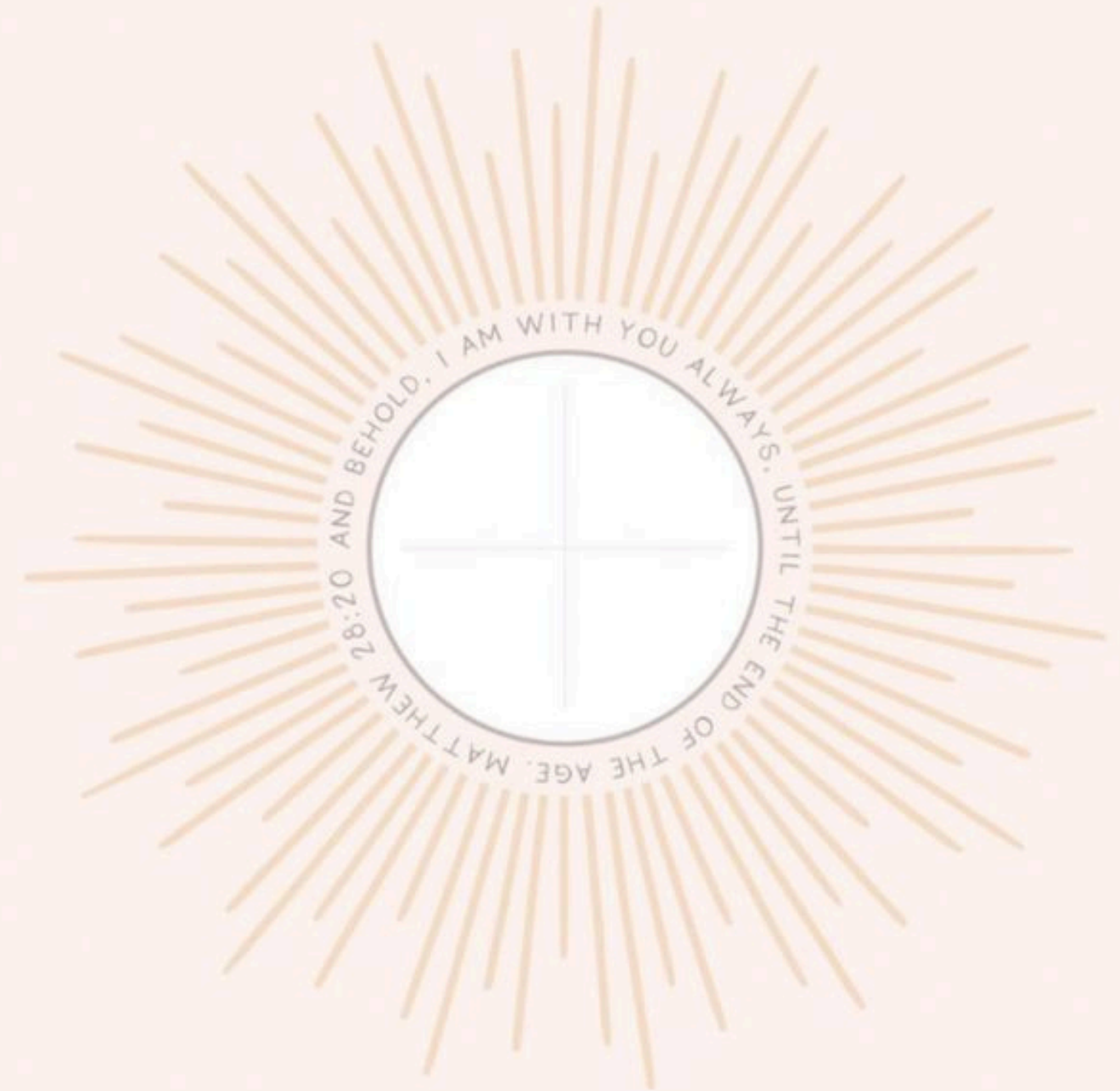
THE SACRAMENTS OF
INITIATION



THE SACRAMENTS OF INITIATION



WHAT IS A SACRAMENT?



A VISIBLE SIGN OF
INVISIBLE GRACE

SOMETHING WE CAN SEE
THAT IS A SYMBOL OF SOMETHING
WE CAN'T SEE

‘A sacrament is an outward and visible sign
of an inward and invisible grace.’

St. Augustine, 5th Century

grace

WHAT IS GRACE?

A LOVE WE DON'T EARN

grace

[grās] • noun

*underserved, unmerited,
unearned, favor.*

[ephesians 2:8]

WHAT DOES
INITIATION
MEAN?



You are a part of God's family.

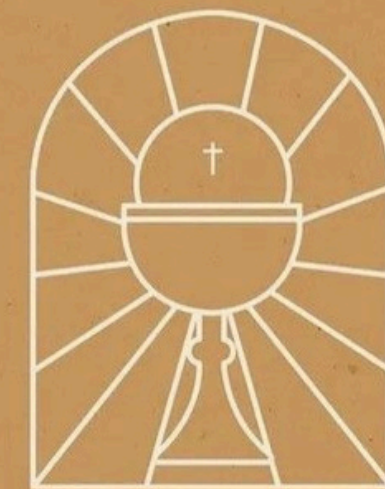
WHAT ARE THE
THREE
SACRAMENTS
OF
INITIATION?



BAPTISM



FIRST COMMUNION



CONFIRMATION



S O U L B A T H

The visible symbols

WATER
CANDLE
WHITE GARMENT
OIL
BREAD
WINE



Time for....

CHILDREN / PARENT
SESSION



ADULT REFLECTION

What compelled you to have your child baptized?

What difference do you perceive their baptism makes in their life?

Describe a feeling you have when receiving the Eucharist?

What do you hope the Eucharist provides for your child?

How would you describe The Sacrament of Confirmation to a young person?

Why is The Sacrament of Confirmation important?



THIS IS MY BODY.

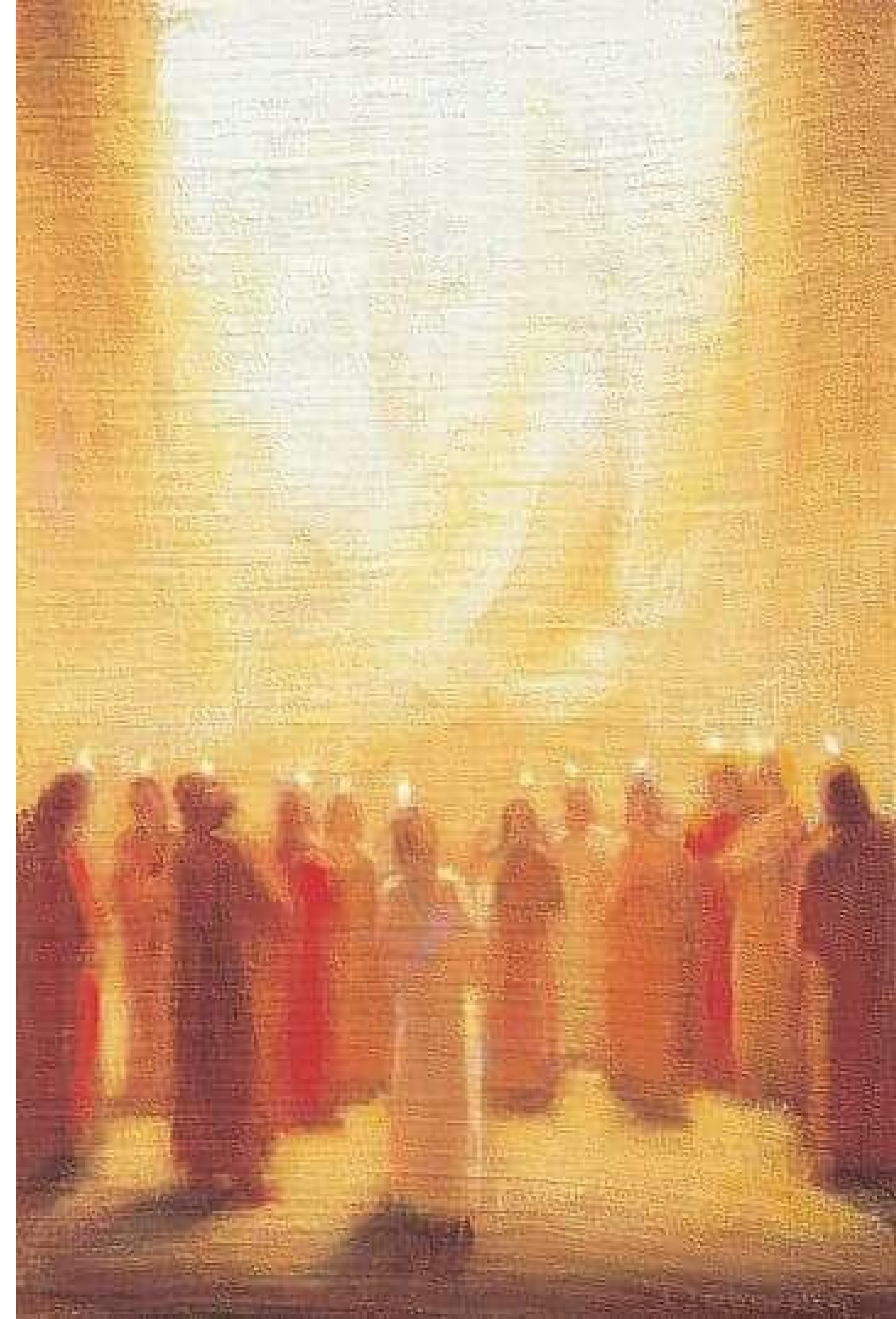
ADULT REFLECTION

ON THE BACK OF YOUR HOLY CARD WRITE:

I pray your baptism gave you.....

I pray the Eucharistic gives you.....

I pray your confirmation will give you.....



AT HOME DISCIPLESHIP THEMES

CELEBRATING GOD'S LOVE

SHARING IN CHRIST'S LIFE AND WORK

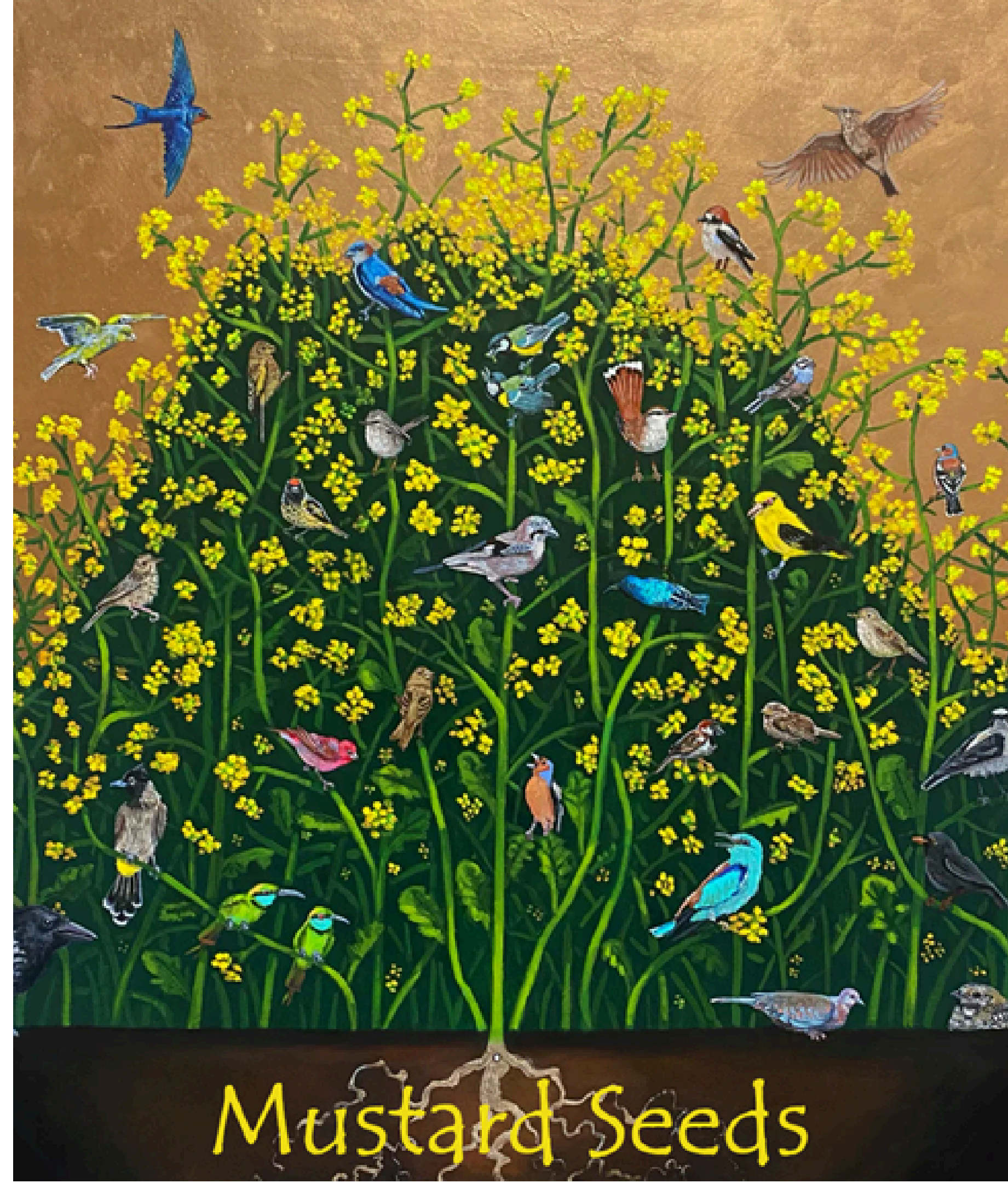
JOINED IN CHRIST

CELEBRATING THE HOLY SPIRIT



time for....

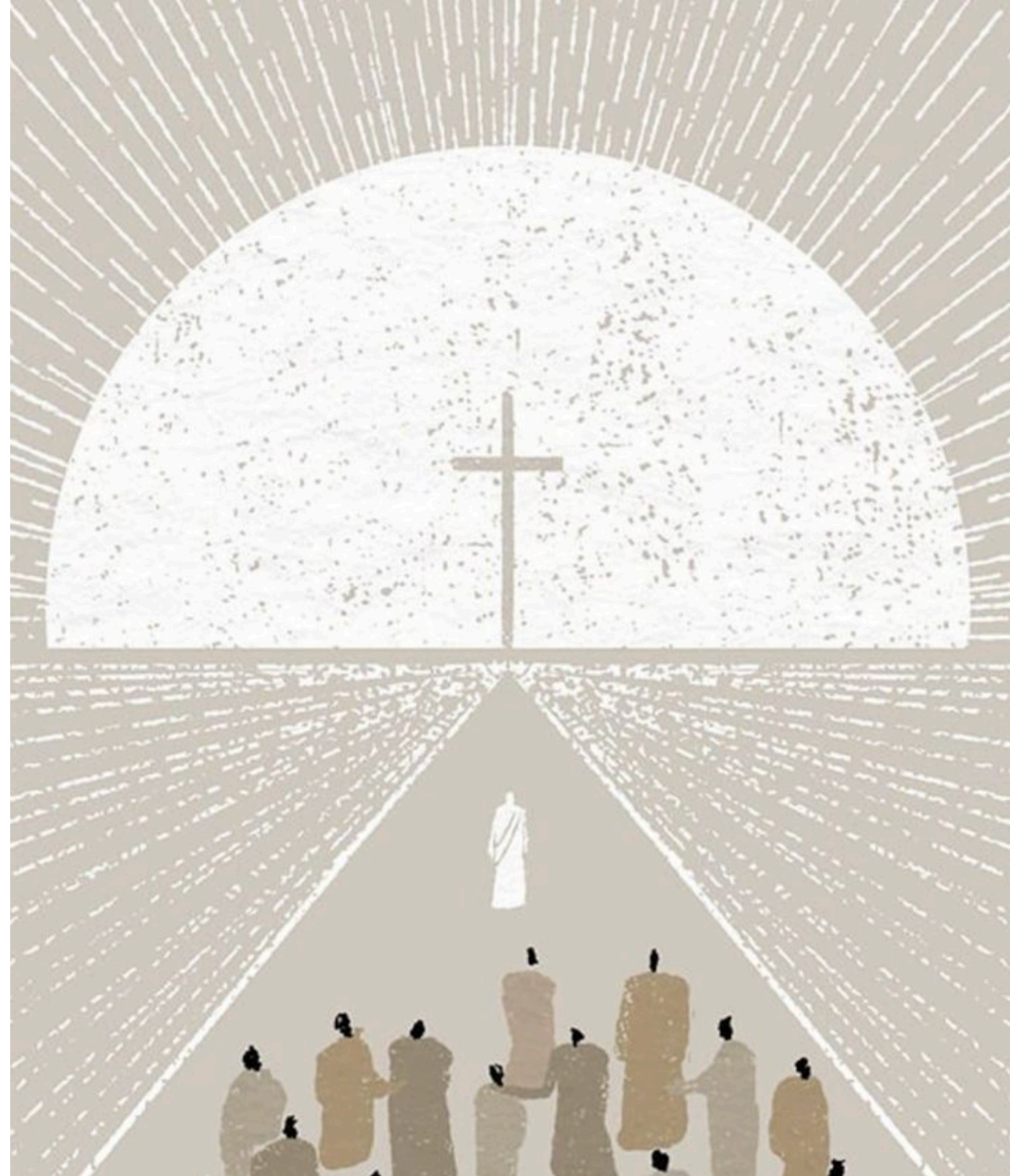
AT HOME
DISCIPLESHIP &
CLOSING PRAYER



MUSTARD SEEDS
AT HOME DISCIPLESHIP PAGES

K & 1st Grade: Chapter 10 (Signs of God's Love)

2nd Grade: Chapter 9 (We Celebrate God's Love)



AT HOME CHAPTERS FOR ALL GRADES

K & 1st Grade: Chapter 10 (Signs of God's Love)

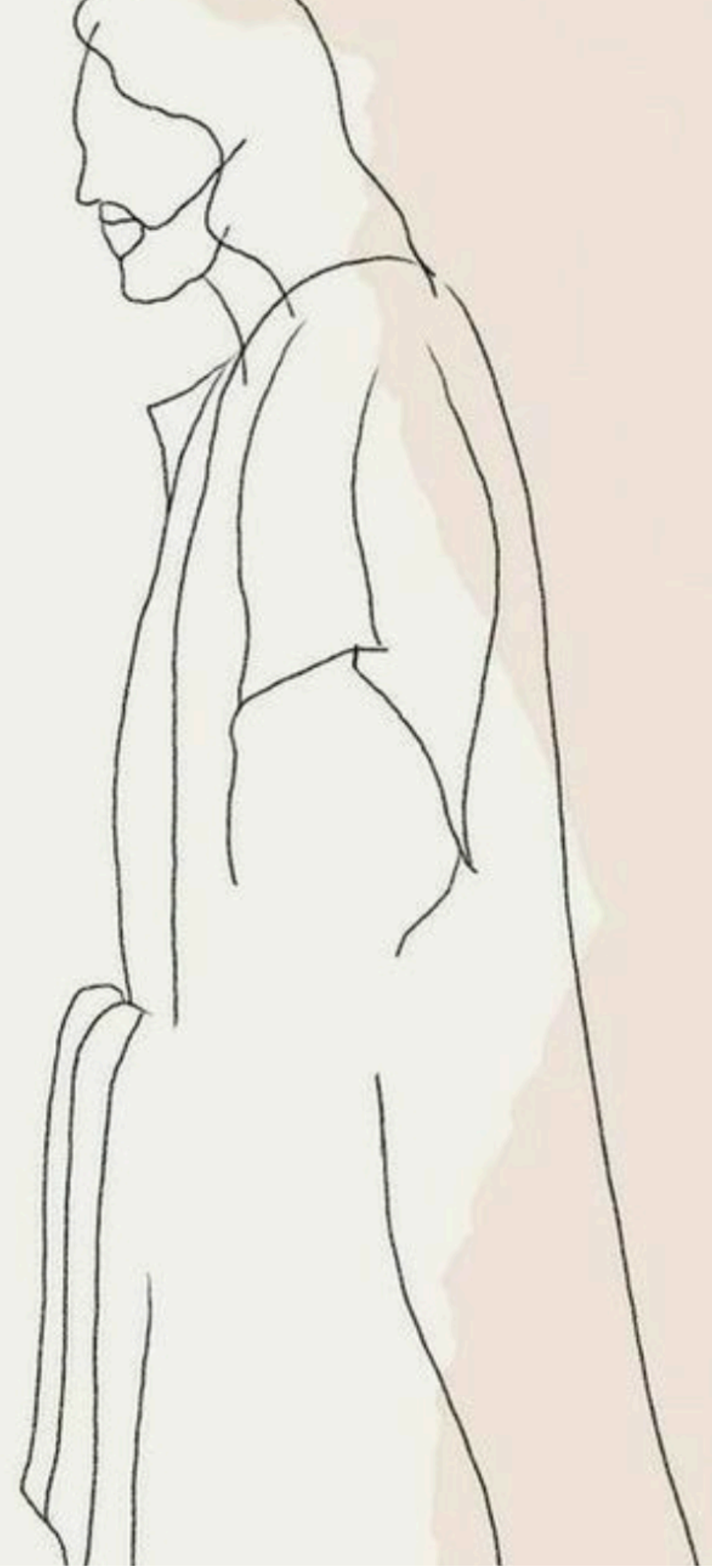
2nd Grade: Chapter 9 (We Celebrate God's Love)

3rd Grade: Chapter 11 (Celebrating God's Love)

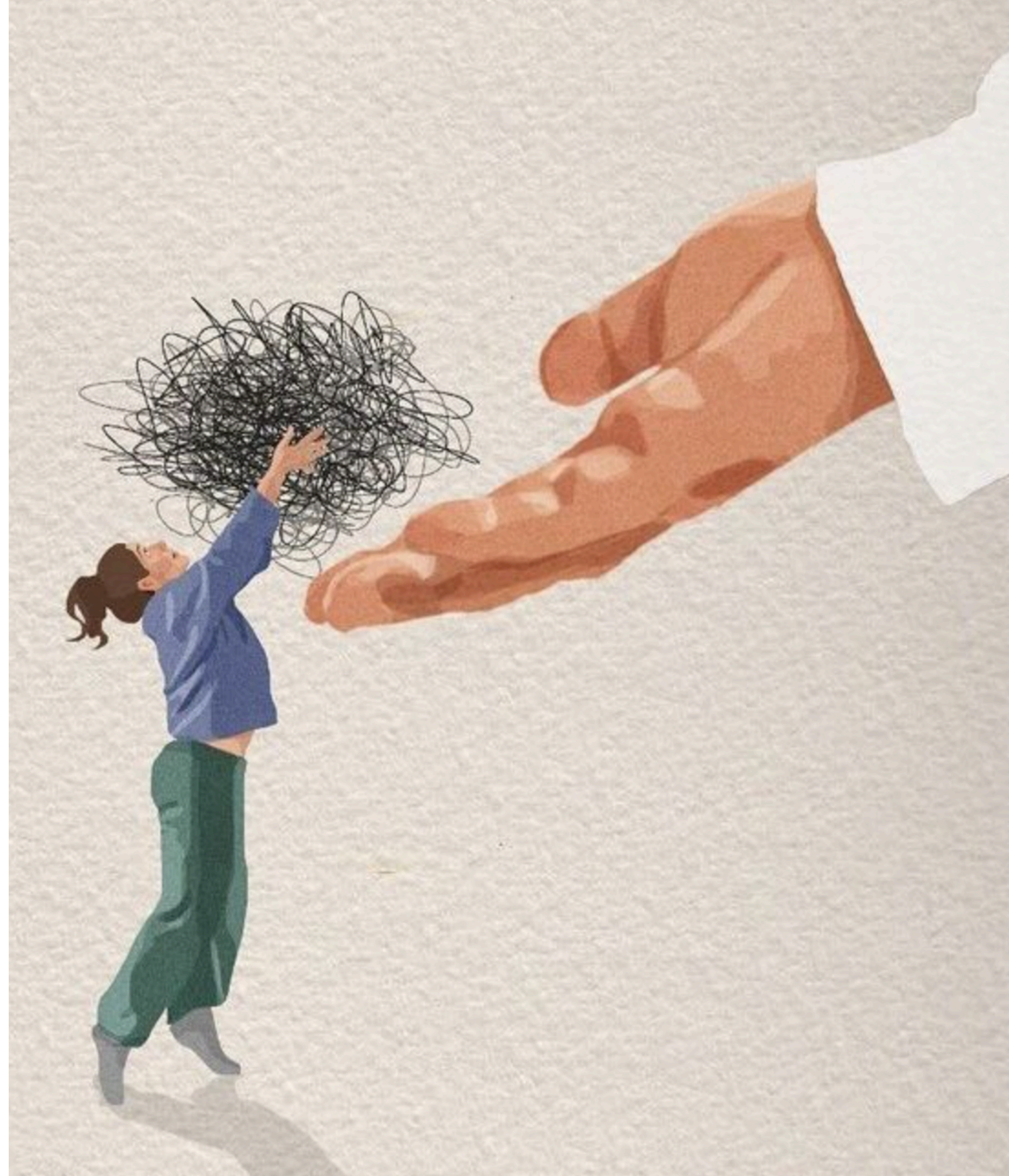
4th Grade: Chapter 11 (Sharing in Christ's Life and Work)

5th Grade: Chapter 10 (Joined to Christ), Chapter 11 (We celebrate the Holy Spirit)

Grade 6 & 7: Chapter 10 (Baptism), Chapter 11 (Confirmation) *note: next session on February 1st is a family session



ONE THING I LEARNED TODAY



CLOSING PRAYER

