

# FAMILY FAITH FORMATION

*The session will begin at 10:15am*



JANUARY 2026

THEME: SACRAMENTS OF INITIATION

# LOAVES AND FISHES

*will begin in 5 minutes*

Please make your way to the front seating area  
with your family!

**Today's speaker:** Kelly Meraw

**Theme:** Sacraments of Initiation



*Loaves and Fishes*

*welcome to*  
LOAVES AND FISHES

OPENING PRAYER



*Loaves and Fishes*

*welcome to*  
**LOAVES AND FISHES**

**FORMAT**

**15 MINUTE:** OPENING PRAYER & REFLECTION

**15 MINUTE:** ADULT / STUDENT ACTIVITY

**10 MINUTE:** AT-HOME DISCIPLESHIP & CLOSING PRAYER



*Loaves and Fishes*

*welcome to*

# LOAVES AND FISHES

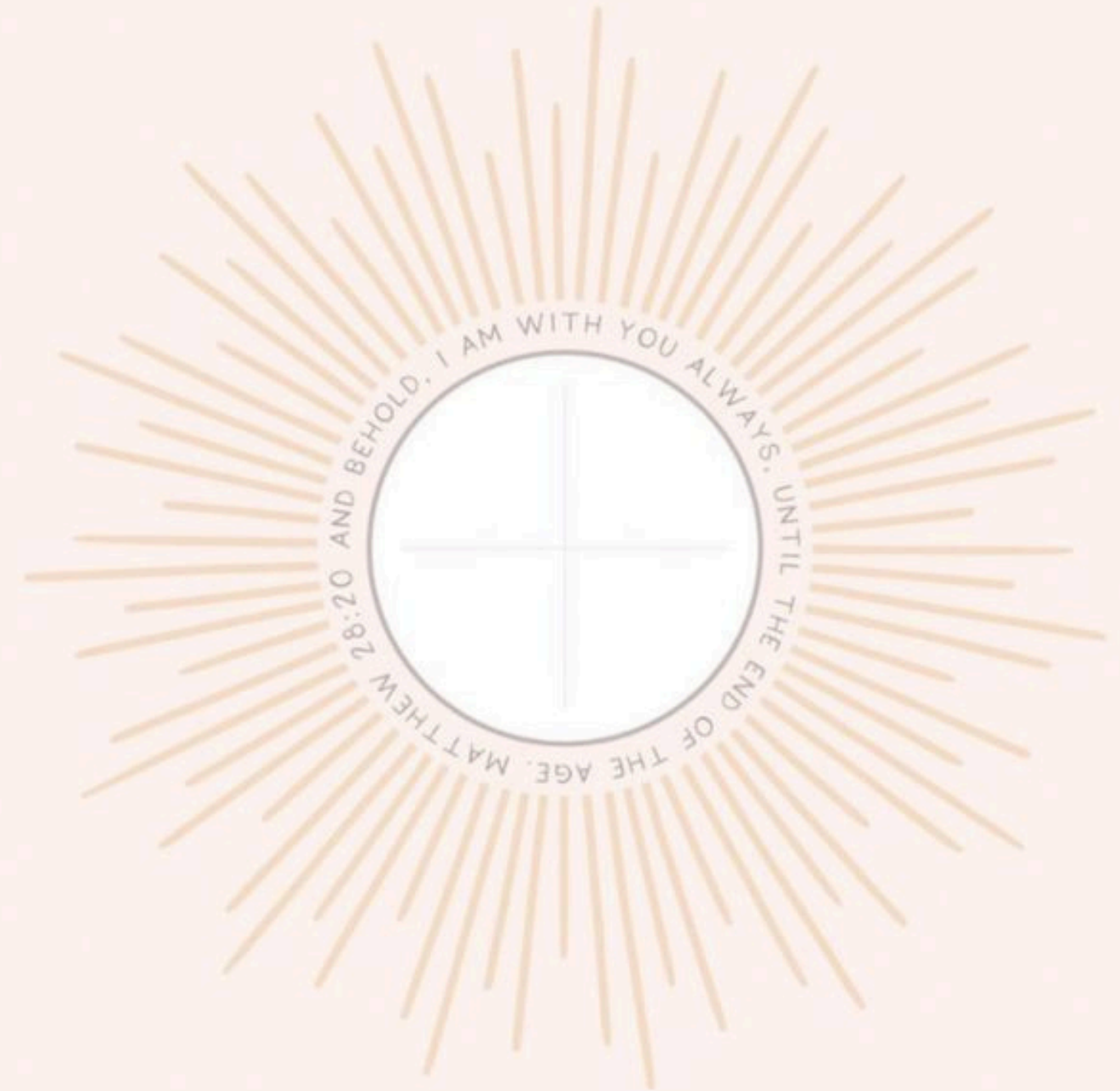
THE SACRAMENTS OF  
INITIATION



# THE SACRAMENTS OF INITIATION



# WHAT IS A SACRAMENT?



# A VISIBLE SIGN OF INVISIBLE GRACE

SOMETHING WE CAN SEE THAT IS A SYMBOL OF  
SOMETHING WE CAN'T SEE

‘A sacrament is an outward and visible sign  
of an inward and invisible grace.’

St. Augustine, 5<sup>th</sup> Century

*grace*

WHAT IS GRACE?

A LOVE WE DON'T EARN

grace

[grās] • noun

*underserved, unmerited,  
unearned, favor.*

[ephesians 2:8]

WHAT DOES  
INITIATION  
MEAN?



You are a part of God's family.

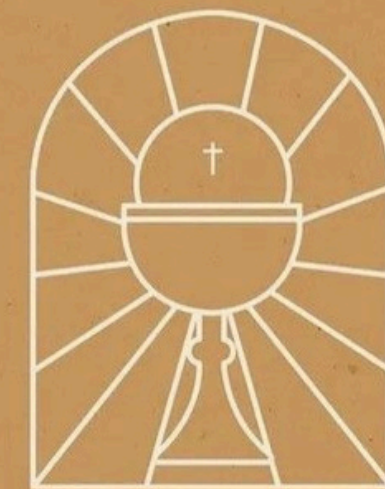
WHAT ARE THE  
THREE  
SACRAMENTS  
OF  
INITIATION?



# BAPTISM



# FIRST COMMUNION



# CONFIRMATION



*The visible symbols*

**WATER**  
**CANDLE**  
**WHITE GARMENT**  
**OIL**  
**BREAD**  
**WINE**



*Time for....*

CHILDREN / PARENT  
SESSION



*Loaves and Fishes*

# ADULT REFLECTION

**What compelled you to have your child baptized?**

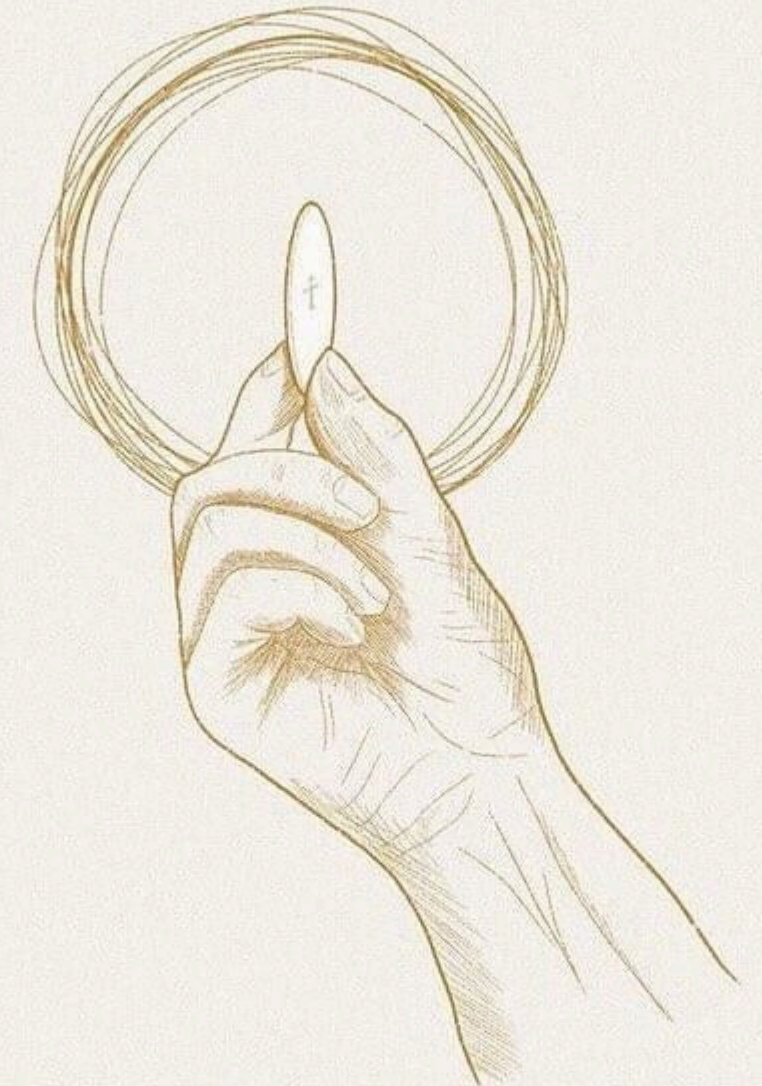
**What difference do you perceive their baptism makes in their life?**

**Describe a feeling you have when receiving the Eucharist?**

**What do you hope the Eucharist provides for your child?**

**How would you describe The Sacrament of Confirmation to a young person?**

**Why is The Sacrament of Confirmation important?**



*THIS IS MY BODY.*

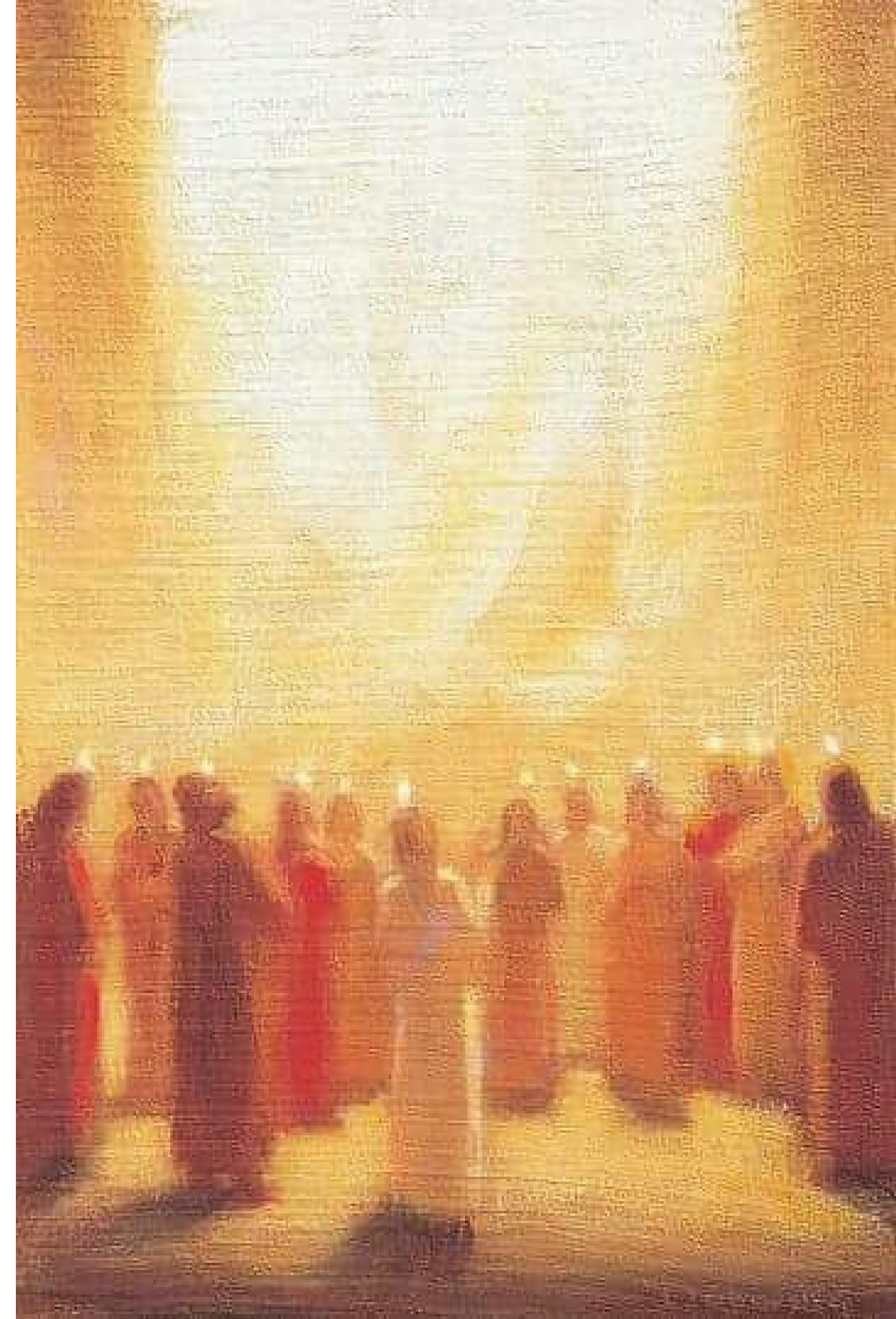
# ADULT REFLECTION

**ON THE BACK OF YOUR HOLY CARD WRITE:**

**I pray your baptism gave you.....**

**I pray the Eucharistic gives you.....**

**I pray your confirmation will give you.....**



# AT HOME DISCIPLESHIP THEMES

CELEBRATING GOD'S LOVE

SHARING IN CHRIST'S LIFE AND WORK

JOINED IN CHRIST

CELEBRATING THE HOLY SPIRIT



*Time for....*

AT HOME  
DISCIPLESHIP &  
CLOSING PRAYER



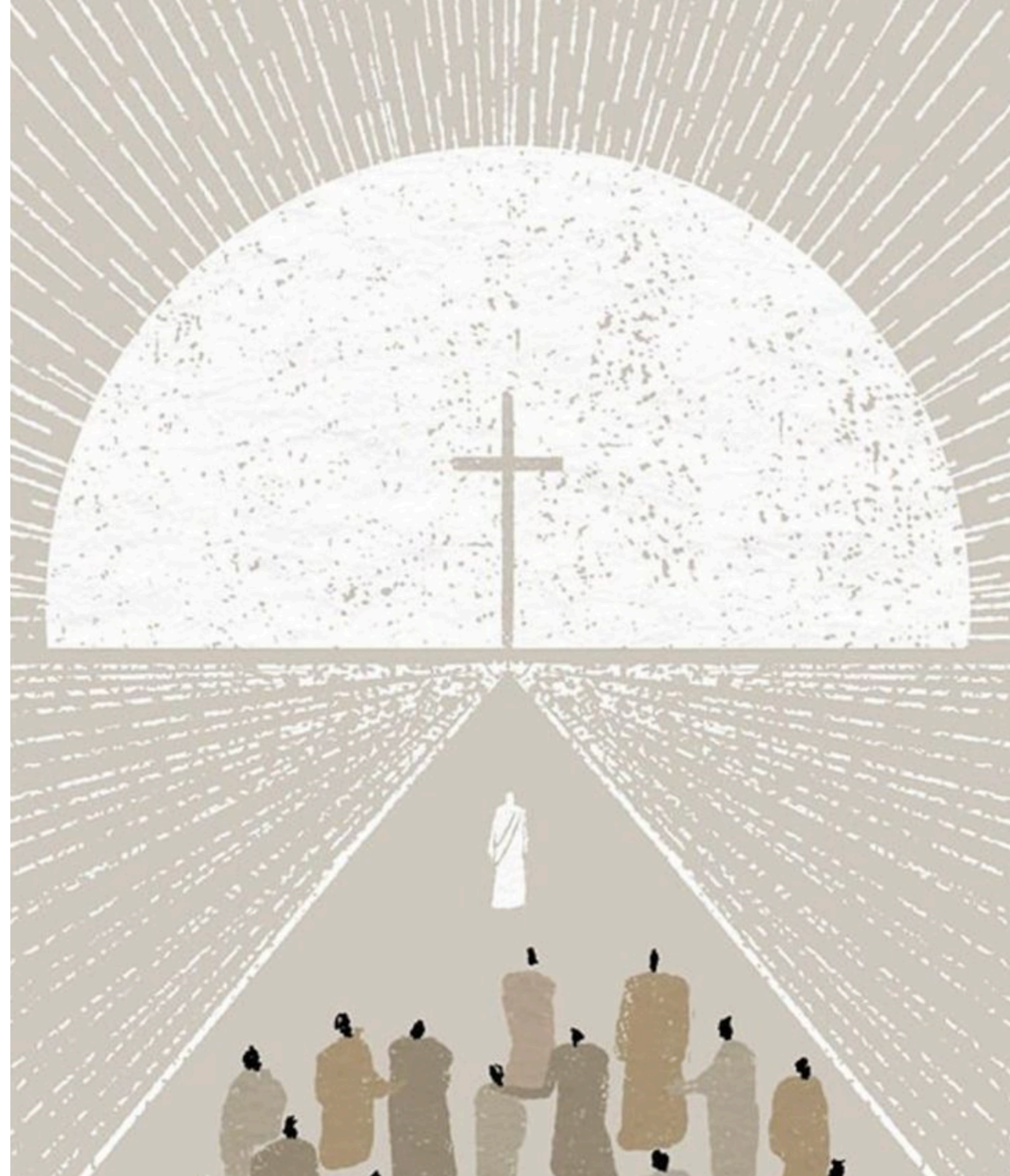
*Loaves and Fishes*

# LOAVES AND FISHES AT HOME DISCIPLESHP PAGES

**3rd Grade:** Chaper 11 (Celebrating God's Love)

**4th Grade:** Chapter 11 (Sharing in Christ's Life and Work)

**5th Grade:** Chapter 10 (Joined to Christ), Chapter 11 (We celebrate the Holy Spirit)



## **AT HOME CHAPTERS FOR ALL GRADES**

**K & 1st Grade:** Chapter 10 (Signs of God's Love)

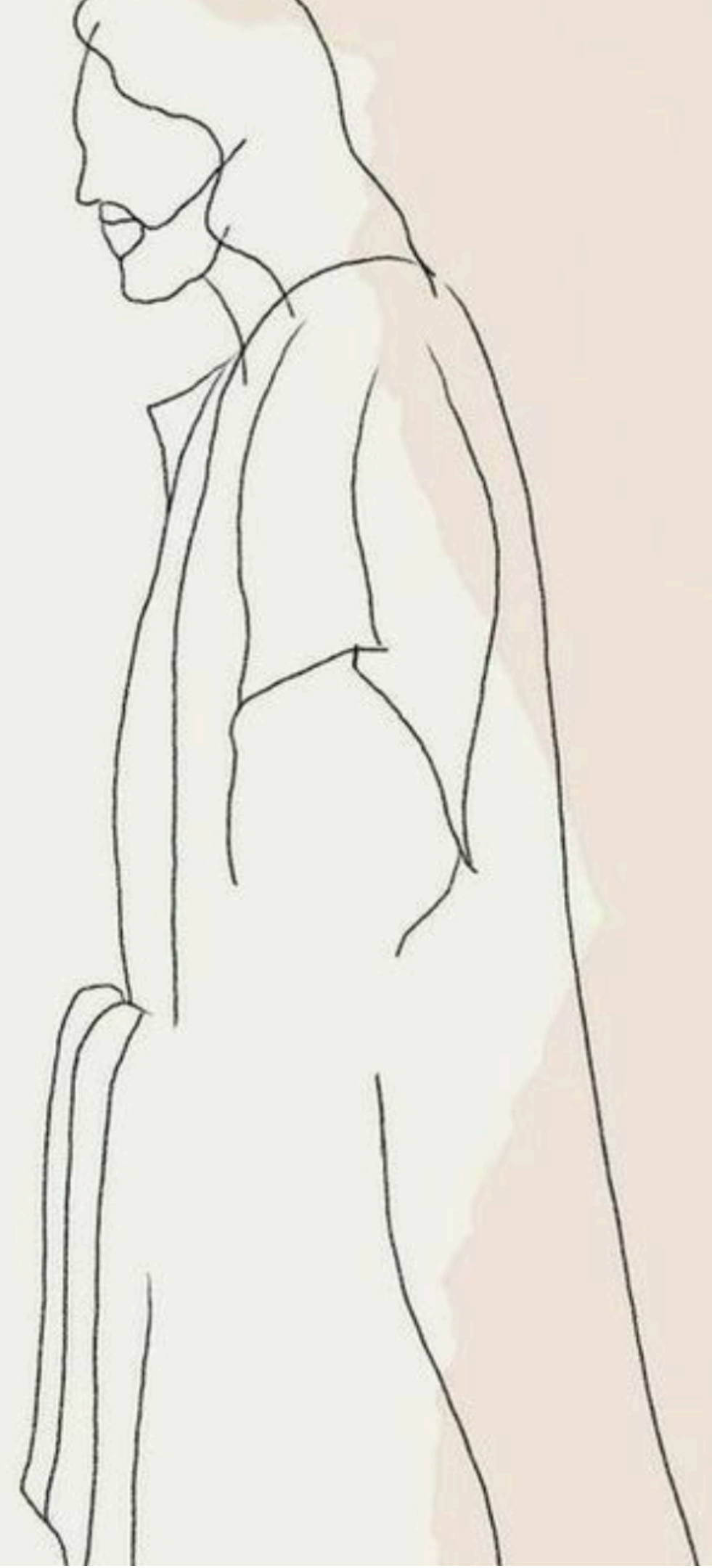
**2nd Grade:** Chapter 9 (We Celebrate God's Love)

**3rd Grade:** Chapter 11 (Celebrating God's Love)

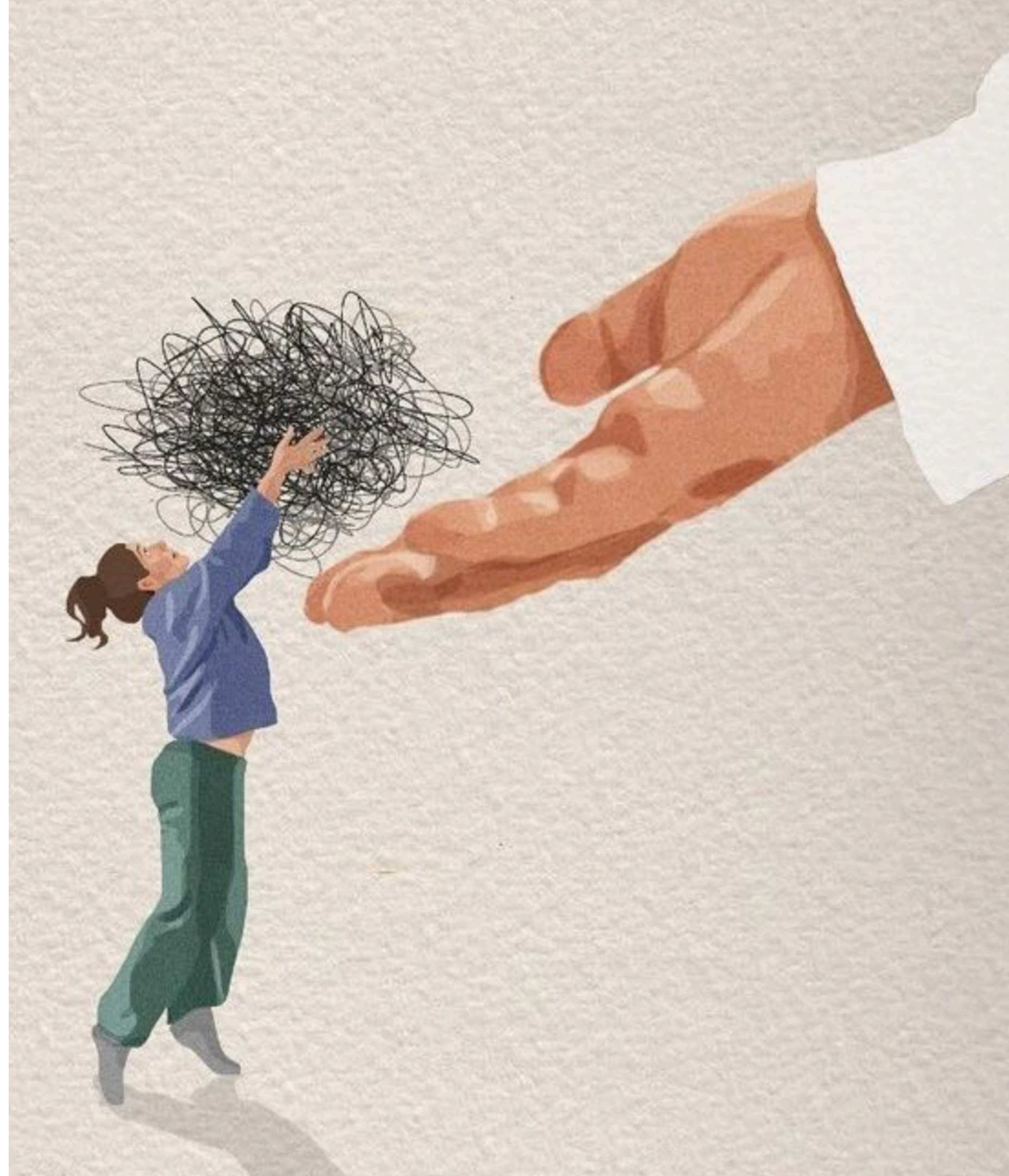
**4th Grade:** Chapter 11 (Sharing in Christ's Life and Work)

**5th Grade:** Chapter 10 (Joined to Christ), Chapter 11 (We celebrate the Holy Spirit)

**Grade 6 & 7:** Chapter 10 (Baptism), Chapter 11 (Confirmation) \*note: next session on February 1<sup>st</sup> is a family session



ONE THING I LEARNED TODAY



# CLOSING PRAYER

